

15 Mile COURSE V225:

START-approx. 3.5-miles south of Boroughbridge, in entrance to A168 from old A1 (now a long layby) at a point approx. 1 yard before "Clearway" sign. TURN LEFT on to A168, and proceed south to Walshford Traffic Island (4.72 mls). ENCIRCLE ISLAND and retrace north along A168, past start, to Boroughbridge South Traffic Island (12.27 mls). ENCIRCLE ISLAND and retrace south on A168 to finish at triangular road sign warning junction to left just north of start point (15.0 mls).

25 Mile COURSE V235:

(V235) START approx. 3.5 miles south of Boroughbridge, in entrance to A168 from old A1 (now a long layby) at a point approx. 1 yard before "Clearway" sign. TURN LEFT on to A168, and proceed south to Walshford Traffic Island (4.72 mls). ENCIRCLE ISLAND and retrace north along A168, past start, to Boroughbridge South Traffic Island (12.27 mls). ENCIRCLE ISLAND and retrace south on A168 to Walshford TI (2nd time) (19.86 mls). ENCIRCLE ISLAND and proceed north on A168, FINISH at northern end of crash barrier protecting road direction sign, on west side of road, approx. 150yds south of Arkendale Road (Marton Lane) (25 miles).

The A168 is a Clearway – NO PARKING – NO U-TURNS.

Please note that marshals are only to indicate your direction, and not to control traffic in your favour. At each junction it is your responsibility to ensure that it is safe to proceed. Keep your heads up, and keep to the left of the carriageway.

Non-Aero event

For this category here's what is **not allowed**: TT bikes, Tri Bars, Disc Wheels, Tri Spoke Wheels and similar, Time Trial Helmets. Note however that deep section wheels are allowed provided they are below 60mm. Aero style road bike helmets are also allowed.

It is compulsory that working front & rear lights, either flashing or constant, are fitted to the machine in a position clearly visible to other road users, and are active whilst the machine is in use.

A hard-shell helmet that meets an internationally accepted safety standard must be worn by all competitors for the duration of the event.

NO HELMET – NO LIGHTS – NO RIDE!!

EVENT HQ

HEADQUARTERS and PARKING –

is at [The Courtyard Café](#),
[Rabbit Hill Business Park, Great North Road, Arkendale,](#)
[Knaresborough HG5 0FF](#)

Rabbit Hill is on east side of A168, about 1 mile north of Allerton Park Waste Disposal Plant.

On entering site, parking is on your right, Café is to your left. Numbers and signing-on/signing-out will be located here (outdoors). There are toilets available, but no changing facilities. Although Covid-19 requirements have eased, please be aware that some riders/helpers may wish to continue to follow previous rules – face coverings/distancing etc, own pens/pins, so do allow them sufficient space.

Please do not gather in groups at the start or obstruct the carriageway – cars/customers entering or leaving the site.

Don't forget to return number and SIGN OUT after your ride – REG. 17(b). Failure to do so will result in rider being recorded as a DNF.

On returning your bib number, you will receive a voucher for a free tea/coffee in the Café.

Anything else must be purchased at your cost.

Please support the Café as they are accommodating us:

<https://www.facebook.com/thecourtyard.rabbithill/>

Please note that the Café closes at 16:00, so later starters please return your number/sign-out and collect your drink as soon as possible.

There is no parking available near the start, or at the finish, except for Officials.

Do not park in the long-lay on the east side of the A168, adjacent to the start, it is now private property. There are other lay-bys/parking spaces on the A168, but the lay-by on west side of road, south of the A59 flyover is currently closed in connection with the works on the motorway.

Promoted for, and on behalf of, Cycling Time Trials, under its Rules & Regulations.

YORKSHIRE CYCLING FEDERATION

Open 15 & 25 miles Time Trial

Includes Road Bike/Non-Aero Event

To be held Saturday August 13th 2022

Course 15-V225 & 25-V235

Allerton Park-A168-Walshford-Boroughbridge

First Rider to start 12.01.

Event Secretary: Richard Haigh

75, Hall Ing Lane, Honley, Holmfirth HD9 6QW

Timekeepers: George Barker & Phil Hurt.

AWARDS

15 mile event

1st Fastest £25-00

1st Standard £20-00

25 mile event

1st Fastest Male £25-00

1st on Standard Male £20-00

1st Fastest Female £25-00

1st on Standard Female £20-00

40-49 on Standard £20-00

50-59 on Standard £20-00

60+ above £20-00

25 mile non-aero

1st Fastest £15-00

One rider one prize (the rider will receive the largest monetary award)

1st Female Rider in the 15 mile TT will hold the **Yorkshire Ladies 15 mile Trophy** for one year

This is the 11th counting event for the
YCF Points Competition 2022

Course 15 mile V225

Course 25 miles V235

ORDER OF START

1st rider at 12.01

No	Rider	Club	Cat	Off
	15 mile time trial - Time Trial Bikes			
1	Alan Chalmers	Valley Striders CC	Vet	12:01
2	Anne Haslam	Buxton CC/Sett Valley Cycles	Female Vet	12:02
3	Peter Macklam	Yorkshire RC	Vet	12:03
4	Andrew Lambe	Ilkley CC	Vet	12:04
5	Phil Wright	Hatlepool CC	Vet	12:05
6	Allen Bell	Yorkshire RC	Vet	12:06
7	Steve Gibson	Peak Road Club	Vet	12:07
8				
9				
	25 miles Road Bike non-aero			
10	Simon Butteriss	Ely & District CC	Vet	12:10
11				
	25 miles Time Trial Bikes			
12	John Tiffany	Harrogate Nova	Vet	12:12
13	Jan Scotchford	North Lancashire RC	Female Vet	12:13
14	Liam Mealey	Otley CC	Vet	12:14
15	Mike Cole	Huddersfield RC	Vet	12:15
16	Sarah Lewthwaite	Born to Bike - Bridgtown Cycles	Female	12:16
17	Richard Buckle	Harrogate Nova	Vet	12:17
18	Helen Goldthorpe	Otley CC	Female Vet	12:18
19	Mike Tyas	Hull Thursday RC	Senior	12:19
20	Shaun Lawson	Clifton CC York	Senior	12:20
21	Duncan Smart	Scarborough Paragon	Vet	12:21
22	Mike Haslam	Buxton CC/Sett Valley Cycles	Vet	12:22
23	Mike Furby	Valley Striders CC	Vet	12:23
24	Micheal Lamb	Kiveton Park CC	Vet	12:24
25	Robert Bagot	Warrington Road Club/Horton Light Eng	Vet	12:25
26	Ian Swinscoe	RAF Cyclig Ass	Vet	12:26
27	Benjamin Akin	TricentralUk	Senior	12:27
28	James Meadows	Cleveland Wheelers CC	Senior	12:28
29	David Leckenby	VTTA Yorkshire	Vet	12:29
30	Mike Dalton	Stckdon Whs CC	Vet	12:31
31	Russ Richardson	Teesdale CRC	Vet	12:32
32	Darren Yarwood	Chapeau! Vive Le Velo	Vet	12:33

33	Grant Whiteside	Harrogate Nova	Vet	12:34
34	Niel Fearn	Harrogate Nova	Vet	12:35
35	Richard Dean	Trek Sheffield	Vet	12:36
36	Matthew Asquith	Otley CC	Vet	12:37
37	Andy Critchlow	Norwood Paragon CC	Vet	12:38
38	Simon Wilson	Ribble Weldtite Pro Cycling	Vet	12:39
39	Marcel Schubert	Darlington CC	Vet	12:40
40	Adan Duggleby	Chapeau! Vive Le Velo	Senior	12:41

AT START - WHEN WAITING YOUR START TIME TAKE CARE NOT TO OBSTRUCT ANY VEHICLES TO/FROM LOCAL PREMISES.

Inhabitants tend to make frequent trips past the start point when there is an event on.

YCF Points Competition 2022 - after 10

events MEN

Pos	Rider		Club	Events	Points
1	Matthew	Asquith	Otley CC	6	707
2	Andy	Whitehead	Rockingham CC	8	687
3	Mike	Cole	Hudds RC	7	630
4	Richard	Dean	Trek Sheffield	5	597
5	Mike	Furby	Valley Striders	5	578
6	David	Taylor	Hudds RC	5	552
7	Alasdiar	Bruce	Yorkshire RC	5	549
8	Stuart	Henderson	VTTA Yorks	4	454
9	Paul	Brierley	Hudds RC	4	422
10	Steve	Woodrup	Yorkshire RC	4	401
11	Pete	Macklam	Yorkshire RC	4	399
12	Sean	Sanders	Drighlington RC	3	351

WOMEN

Pos	Rider		Club	Events	Points
1	Susan	Sanders	Drighlington BC	4	473
2	Josie	Smith	Trek Sheffield	3	360
3	Liz	Ball	Valley Striders	3	356
4	Helen	Goldthorpe	Otley CC	2	239
5	Evie	Turner	Holmfirth CC	2	231
6	Kat	Handy	Valley Striders	1	119
7	Jane	Fontana	Valley Striders	1	117
8	Katherine	Bucknell	Otley CC	1	116

YCF Points Competition 2022

This is the 11th counting event for the 2022 series .

Competition open to members of YCF Affiliated Clubs

Leading positions - after 10 counting events

<u>Remaining Events</u>		
Date	Event	Course
Sat 13 th August	YCF 15 (Women's Points)	V225
Sat 13 th August	YCF 25 (Men's Points)	V235
Sun 21 st August	Yorkshire RC HC	V9916
Sat 10 th Sept	Yorkshire RC 25	V235
Sat 17 th Sept	Harrogate Nova 10	V212

Full Details on CTT website and FaceBook.

A rider's best 6 performances to count.